

## Waiver and Release

Please read this waiver and release completely before signing.

I hereby certify that I am adequately fit to participate in this race. In consideration of the acceptance of this entry, I, the undersigned, for myself, my personal representative, beneficiaries and heirs, knowingly waive, release, and discharge any and all rights and claims which I have or may have hereafter accrue to me or my estate against Safe Harbors of the Hudson, the City of Newburgh and/or any other sponsors, organizers, volunteers, and assigns for any and all injuries or death suffered by me in the event. I will also allow my photograph and name to be used in publications as a result of this race.

Read and acknowledged this \_\_\_\_\_ day of \_\_\_\_\_, 2011.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Signature of Parent or Guardian  
(For participants under 18 years of age)

Date: \_\_\_\_\_

## Registration

To pre-register, fill out the form and attached waiver and return with payment to Safe Harbors at the address provided.

You may also register at [www.active.com](http://www.active.com) or on the morning of the race from 8-8:45 am.

5K Run	\$25
Student K-12	\$10
Kids Fun Run (only)	\$5
Cornerstone Tenant	\$10

The first 200 registrants will receive a t-shirt.

## Location

Course maps will be available on race-day.

### Race-day registration:

Ritz Theater Lobby, 107 Broadway, Newburgh

### Parking:

Free municipal parking is available on Ann Street, directly behind the Ritz Theater

### 5K Run starting line:

Corner of Broadway and Grand Street, Newburgh

### Fun Run starting line:

Corner of Broadway and Grand Street, Newburgh

### Finish line:

Safe Harbors of the Hudson at The Cornerstone Residence, 111 Broadway, Newburgh

## Get in Touch

(845) 562-6940 ext. 110  
[jhenley@safe-harbors.org](mailto:jhenley@safe-harbors.org)  
[www.safe-harbors.org](http://www.safe-harbors.org)

# 5th Annual Off-Broadway Run

Sunday, May 15  
Newburgh, NY

Sponsored by:

SAFE HARBORS  
OF THE HUDSON

St. LUKE'S CORNWALL  
HOSPITAL  
A clinical affiliate of  
The Mount Sinai Hospital.



## Safe Harbors of the Hudson

Safe Harbors of the Hudson is a non profit organization in Newburgh, New York. Our mission is “transforming lives and building communities through housing and the arts.” Learn more by visiting our website at [www.safe-harbors.org](http://www.safe-harbors.org).

## About the Run and Walk

For the 5th consecutive year, Safe Harbors of the Hudson and St. Luke’s Cornwall Hospital will host the Off-Broadway Run. Race proceeds go to Safe Harbors of the Hudson. The USATF-certified course winds through one of NY State’s largest historic districts and features beautiful, breathtaking views of the Hudson River and renowned architecture.

## Race Day Events

**8:00-8:45 am**  
**9:00 AM**  
**After 5K**

**Registration**  
**5K start**  
**Kids Fun Run**

Pre- and post-race refreshments will be served.

Raffle tickets will be available for purchase.

Awards and prizes will be distributed after the completion of the 5K Run and Kids Fun Run.

Include your e-mail address on the registration form so that we may send you a free finish line photo.

## Age Divisions and Prizes

**9 & under**  
**10-14**  
**15-20**  
**21-25**  
**26-30**  
**31-35**  
**36-40**

**41-45**  
**46-50**  
**51-55**  
**56-60**  
**61-65**  
**66-70**  
**70+**

Prizes and certificates will be given to the 1st, 2nd and 3rd place male and female runners in the 5K.

Ribbons will be given to every child participating in the Kids Fun Run.

Medals will be given to the top 3 male and female runners in each age division.

The race times will be chip-timed by Fast Finishes for all participants and results will be posted on our website.

## Corporate Challenge

**New this year!** Corporate Challenge teams need a minimum of 3 participants. Trophies will be awarded to the team with the most members and the team with the fastest combined time.

To enter the Corporate Challenge, please indicate your company name on the registration form.

## School Challenge

The school with the most race registrants will be awarded a trophy. All students K-12 and up to age 18 are eligible to enter the races at a discounted rate.

To enter, please indicate your school name on the registration form.

## Registration Form

(Office use only) Registration #: \_\_\_\_\_

Please submit a separate registration form for each participant.

Name: \_\_\_\_\_

Age (on race day): \_\_\_\_\_ Gender:  M  F

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

### **T-shirt size (please circle one):**

S      M      L      XL

### **Race and Entry Fee (please select one):**

- |   |      |
|---|------|
| <input type="checkbox"/> Kids Fun Run (10 & under only) | \$5  |
| <input type="checkbox"/> 5K Run                         | \$25 |
| <input type="checkbox"/> Student                        | \$10 |
| <input type="checkbox"/> Tenant                         | \$10 |

School Name (if student):  
\_\_\_\_\_

Company name (if Corporate Challenge):  
\_\_\_\_\_

Make checks payable to:  
**Safe Harbors of the Hudson**

Mail completed form and mandatory waiver (see reverse side) to:

**Safe Harbors of the Hudson**  
**111 Broadway**  
**Newburgh, NY 12550**